

CHILDREN'S VITAMINS																								
Brand	Form		Fluoride (mg)	Vit. A (mcg)	Vit. B ₁ (mg)	Vit. B ₂ (mg)	Vit. B ₃ (mg)	Vit. B ₅ (mg)	Vit. B ₆ (mg)	Vit. B ₁₂ (mcg)	Vit. C (mg)	Vit. D (mcg)	Vit. E (mg)	Vit. K (mcg)	Biotin (mcg)	Folate (mcg)	Ca (mg)	Fe (mg)	Cu (mg)	I (mcg)	Mg (mg)	P (mg)	Zn (mg)	
Centrum Kids	chew tab ^{1,2,5}	OTC		450	1.5	1.7	20	10	2	6	60	10	13.5	10	45	667	108	8	2	150	40	50	15	
Flintstones Complete	chew tab ^{3,4}	OTC		400	1.2	1.3	12	5	1.7	2.4	90	20	7.5	60	30	400	140	10	0.44	150			5	
Flintstones Plus Immunity Support	chew tab ^{3,4}	OTC		400	0.6	0.6	8	3	0.6	1.2	140	25	12		12	200				90			5	
Flintstones + Iron	chew tab ³	OTC		400	0.6	0.6	8	3	0.6	1.2	25	15	7		12	200		18		90			5	
Flintstones Complete Gummies	gummy ^{5,6}	OTC		400				3	0.6	1.2	30	15	7		12	200				90			5	
Poly-Vi-Sol	drops	OTC		250	0.3	0.4	4		0.3	0.5	50	10	5											
Poly-Vi-Sol with Iron	drops	OTC		250	0.3	0.4	4		0.3		50	10	5					11						
poly-vitamin chewable tablets w/fluoride	chew tab	R	0.25	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU			0.3mg folic acid								
			0.5	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU			0.3mg folic acid								
			1	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU			0.3mg folic acid								
poly-vitamin drops w/fluoride	drops	R	0.25	1500 IU	0.5	0.6	8		0.4	2	35	400 IU	5 IU											
			0.5	1500 IU	0.5	0.6	8		0.4	2	35	400 IU	5 IU											
poly-vitamin drops w/iron & fluoride	drops	R	0.25	1500 IU	0.5	0.6	8		0.4		35	400 IU	5 IU					10						
Tri-Vi-Sol	drops	OTC		250								50	10											
tri-vitamin drops w/fluoride	drops	R	0.25	1500 IU								35	400 IU											
NOTES																								
Key: Ca = calcium; Cu = copper; Fe = iron; I = iodine; IU = international unit; Mg = magnesium; P = phosphorus; Zn = zinc																								
¹ Contains phenylalanine.																								
² Contains chromium, manganese, molybdenum.																								
³ Contains wheat.																								
⁴ Contains sodium.																								
⁵ Contains sugar.																								
⁶ Contains gelatin, wheat, tree nuts.																								
Not an inclusive list of medications. Please see drug monograph at www.eMPR.com and/or contact company for full drug labeling.																								
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