

# DRY EYE TREATMENTS

Generic	Brand	Strength	Form	Adult Dose
<b>ARTIFICIAL TEARS OR OCULAR LUBRICANTS</b>				
carboxymethylcellulose sodium	<b>Refresh Celluvisc</b>	OTC 1%	gel	1–2 drops as needed.
	<b>Refresh Liquigel<sup>1</sup></b>	OTC 1%	gel	
	<b>Refresh Plus</b>	OTC 0.5%	soln	
	<b>Refresh Tears<sup>1</sup></b>	OTC 0.5%	soln	
	<b>TheraTears<sup>2</sup></b>	OTC 0.25%	soln	
carboxymethylcellulose sodium + glycerin	<b>Refresh Optive<sup>2</sup></b>	OTC 0.5% + 0.9%	soln	1–2 drops as needed.
	<b>Refresh Relieva<sup>2</sup></b>			
carboxymethylcellulose sodium + glycerin + polysorbate 80	<b>Refresh Digital<sup>2</sup></b>	OTC 0.5% + 1% + 0.5%	soln	1–2 drops as needed.
dextran 70 + hydroxypropyl methylcellulose	<b>Bion Tears</b>	OTC 0.1% + 0.3%	soln	1–2 drops as needed.
dextran 70 + hypromellose	<b>GenTeal Tears Preservative Free</b>	OTC 0.1% + 0.3%	soln	1–2 drops as needed.
dextran 70 + glycerin + hypromellose	<b>GenTeal Tears Moderate<sup>1</sup></b>	OTC 0.1% + 0.2% + 0.3%	soln	1–2 drops as needed.
glycerin	<b>Clear Eyes Advanced<sup>1,3</sup></b>	OTC 0.25%	soln	1–2 drops as needed.
glycerin + propylene glycol	<b>Advanced Eye Relief Dry Eye<sup>1,3</sup></b>	OTC 0.3% + 1%	soln	1–2 drops as needed.
	<b>Soothe</b>	OTC 0.6% + 0.6%		
glycerin + hypromellose + polyethylene glycol	<b>Visine Dry Eye Relief<sup>1,3</sup></b>	OTC 0.2% + 0.2% + 1%	soln	1–2 drops as needed.
hydroxypropyl cellulose	<b>Lacrisert</b>	Rx 5mg	ocular insert	1 insert in each inferior cul-de-sac once or twice daily.
hypromellose	<b>GenTeal Tears Gel<sup>1</sup></b>	OTC 0.3%	gel	1–2 drops as needed.
hypromellose + naphazoline + polysorbate 80 + zinc sulfate	<b>Clear Eyes Complete 7 Symptom Relief<sup>1,3</sup></b>	OTC 0.2% + 0.025% + 0.5% + 0.25%	soln	1–2 drops up to 4 times daily.
mineral oil + light mineral oil	<b>Soothe XP<sup>2,3</sup></b>	OTC 4.5% + 1%	soln	1–2 drops as needed.
mineral oil + white petrolatum	<b>GenTeal Tears Ointment</b>	OTC 3% + 94%	oint	Apply ¼ inch to lower lid before bedtime.
	<b>Refresh Lacri-lube<sup>1</sup></b>	OTC 42.5% + 56.8%		
	<b>Refresh PM</b>	OTC 42.5% + 57.3%		
	<b>Soothe Nighttime<sup>3</sup></b>	OTC 20% + 80%		
	<b>Systane Nighttime<sup>3</sup></b>	OTC 3% + 94%		
naphazoline + glycerin	<b>Clear Eyes Redness Relief<sup>1,3</sup></b>	OTC 0.012% + 0.25%	soln	1–2 drops up to 4 times daily.
	<b>Clear Eyes Maximum Redness Relief<sup>1,3</sup></b>	OTC 0.03% + 0.5%		
polyethylene glycol	<b>Blink Tears<sup>2</sup></b>	OTC 0.25%	soln	1–2 drops as needed.
polyethylene glycol + propylene glycol	<b>Systane<sup>2</sup></b>	OTC 0.4% + 0.3%	soln	1–2 drops as needed.
	<b>Systane Ultra<sup>2</sup></b>			
polyvinyl alcohol + povidone	<b>Clear Eyes Natural Tears<sup>1,3</sup></b>	OTC 0.5% + 0.6%	soln	1–2 drops as needed.
	<b>Freshkote</b>	OTC 2.7% + 2%	soln	1–2 drops as needed.
	<b>Murine Tears Original<sup>1,3</sup></b>	OTC 0.5% + 0.6%	soln	1–2 drops as needed.
	<b>Refresh Classic</b>	OTC 1.4% + 0.6%	soln	1–2 drops as needed.
povidone	<b>Soothe Hydration<sup>1</sup></b>	OTC 1.25%	soln	1–2 drops as needed.
	<b>Soothe Maximum Hydration<sup>1,3</sup></b>	OTC 2%		
propylene glycol	<b>Systane Balance<sup>1</sup></b>	OTC 0.6%	soln	1–2 drops as needed.
tetrahydrozoline + polyvinyl alcohol + povidone	<b>Clear Eyes Triple Action<sup>1,3</sup></b>	OTC 0.05% + 0.5% + 0.6%	soln	1–2 drops up to 4 times daily.
<b>IMMUNOMODULATORS</b>				
cyclosporine	<b>Cequa<sup>3</sup></b>	Rx 0.09%	soln	1 drop twice daily (approx. 12hrs apart).
	<b>Restasis<sup>3</sup></b>	Rx 0.05%	emulsion	1 drop in each eye every 12hrs.
lifitegrast	<b>Xiidra<sup>3</sup></b>	Rx 5%	soln	1 drop twice daily (approx. 12hrs apart).
<b>NICOTINIC ACETYLCHOLINE RECEPTOR AGONIST</b>				
varenicline	<b>Tyrvaya</b>	Rx 0.03mg	nasal spray	One spray in each nostril twice daily (approx. 12hrs apart).
<b>STEROID</b>				
loteprednol etabonate	<b>Eysuvis<sup>1</sup></b>	Rx 0.25%	susp	1–2 drops in each eye 4 times daily for up to 2wks.
<b>NOTES</b>				
<sup>1</sup> Contains a preservative (eg, benzalkonium chloride, polyquaternium-1, sodium perborate, sodium chlorite, Purite, etc.)				
<sup>2</sup> Available with a preservative and preservative-free.				
<sup>3</sup> Remove contact lens prior to use.				
Not an inclusive list of medications and/or official indications. Please see drug monograph at <a href="http://www.eMPR.com">www.eMPR.com</a> and/or contact company for full drug labeling.				