

# IRRITABLE BOWEL SYNDROME EVALUATION

Symptom-based criteria such as the Manning Criteria or Rome IV Diagnostic Criteria for irritable bowel syndrome (IBS) have been used to enhance the precision of evaluating and diagnosing IBS.

## THE MANNING CRITERIA FOR IBS<sup>1</sup>

Chronic or recurrent abdominal pain for at least 6 months and two or more of the following:

- Abdominal pain relieved with defecation
- Abdominal pain associated with more frequent stools
- Abdominal pain associated with looser stools
- Abdominal distention
- Feeling of incomplete evacuation after defecation
- Mucus in stools

## ROME IV DIAGNOSTIC CRITERIA FOR IBS<sup>2</sup>

### Diagnostic criterion\*

Recurrent abdominal pain on average at least 1 day/week in the last 3 months, associated with two or more of the following:

- Related to defecation
- Associated with a change in frequency of stool
- Associated with a change in form (appearance) of stool

## NOTES

\*Criterion fulfilled for the last 3 months with symptom onset at least 6 months prior to diagnosis

## REFERENCES

<sup>1</sup>Adapted from Drossman D.A. An integrated approach to the irritable bowel syndrome. *Ailment Pharmacol Ther* 1999; 13 (suppl. 2):3-14. Review.

<sup>2</sup>Adapted from Lacy BE, Patel NK. Rome Criteria and a Diagnostic Approach to Irritable Bowel Syndrome. *J Clin Med*. 2017 Oct 26;6(11). pii: E99. doi: 10.3390/jcm6110099. Accessed August 20, 2018. (Rev. 7/2021)