

CHILDREN'S VITAMINS

Brand	Form	Fluoride (mg)	Vit. A (mcg)	Vit. B ₁ (mg)	Vit. B ₂ (mg)	Vit. B ₃ (mg)	Vit. B ₅ (mg)	Vit. B ₆ (mg)	Vit. B ₁₂ (mcg)	Vit. C (mg)	Vit. D (mcg)	Vit. E (mg)	Vit. K (mcg)	Biotin (mcg)	Folate (mcg) ³	Ca (mg)	Fe (mg)	Cu (mg)	I (mcg)	Mg (mg)	P (mg)	Zn (mg)		
Centrum Kids	chew tab ^{1,2}	OTC	450	1.5	1.7	20	10	2	6	60	10	13.5	10	45	667	108	8	2	150	40	50	15		
Flintstones Complete	chew tab ⁴	OTC	400	1.2	1.3	12	5	1.7	2.4	90	20	7.5	60	30	400	140	10	0.44	150			5		
Flintstones Plus Immunity Support	chew tab ⁴	OTC	400	0.6	0.6	8	3	0.6	1.2	140	25	12		12	200		10		90			5		
Flintstones + Iron	chew tab	OTC	400	0.6	0.6	8	3	0.6	1.2	25	15	7			200		18		90			5		
Flintstones Complete Gummies	gummy ^{5,6}	OTC	400				3	0.6	1.2		15	7		12	200				90			5		
Poly-Vi-Sol	drops	OTC	250	0.3	0.4	4		0.3	0.5	50	10	5												
Poly-Vi-Sol with Iron	drops	OTC	250	0.3	0.4	4		0.3		50	10	5					11							
poly-vitamin chewable tablets w/fluoride	chew tab	Rx	0.25	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU		0.3mg folic acid									
			0.5	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU		0.3mg folic acid									
			1	2500 IU	1.05	1.2	13.5		1.05	4.5	60	400 IU	15 IU		0.3mg folic acid									
poly-vitamin drops w/fluoride	drops	Rx	0.25	1500 IU	0.5	0.6	8		0.4	2	35	400 IU	5 IU											
			0.5	1500 IU	0.5	0.6	8		0.4	2	35	400 IU	5 IU											
poly-vitamin drops w/iron & fluoride	drops	Rx	0.25	1500 IU	0.5	0.6	8		0.4		35	400 IU	5 IU				10							
Tri-Vi-Sol	drops	OTC		250						50	10													
tri-vitamin drops w/fluoride	drops	Rx	0.25	1500 IU						35	400 IU													

NOTES

Key: Ca = calcium; Cu = copper; Fe = iron; I = iodine; IU = international unit; Mg = magnesium; P = phosphorus; Zn = zinc

¹ Contains phenylalanine.

² Contains chromium, manganese, molybdenum.

³ Expressed as dietary folate equivalents (DFE) in mcg unless otherwise indicated.

⁴ Contains sodium.

⁵ Contains sugar.

⁶ Contains gelatin, wheat, tree nuts.

Not an inclusive list of medications. Please see drug monograph at www.eMPR.com and/or contact company for full drug labeling.

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