

# FITZPATRICK SKIN TYPE CLASSIFICATION

## Part I: Genetic Disposition

### Eye color:

- Light blue, light gray or light green = 0
- Blue, gray or green = 1
- Hazel or light brown = 2
- Dark brown = 3
- Brownish black = 4

### Natural hair color:

- Red or light blonde = 0
- Blonde = 1
- Dark blonde or light brown = 2
- Dark brown = 3
- Black = 4

### Natural skin color (before sun exposure):

- Ivory white = 0
- Fair or pale = 1
- Fair to beige, with golden undertone = 2
- Olive or light brown = 3
- Dark brown or black = 4

### Freckles on unexposed areas:

- Many = 0
- Several = 1
- A few = 2
- Very few = 3
- None = 4

**Total score for genetic disposition:** \_\_\_\_\_

## Part II: Reaction to Extended Sun Exposure

### Skin's response to the sun:

- Always burns, blisters and peels = 0
- Often burns, blisters and peels = 1
- Burns moderately = 2
- Burns rarely, if at all = 3
- Never burns = 4

### Does your skin tan?

- Never – I always burn = 0
- Seldom = 1
- Sometimes = 2
- Often = 3
- Always = 4

### How deeply do you tan?

- Not at all or very little = 0
- Lightly = 1
- Moderately = 2
- Deeply = 3
- My skin is naturally dark = 4

### How sensitive is your face to the sun?

- Very sensitive = 0
- Sensitive = 1
- Normal = 2
- Resistant = 3
- Very resistant/Never had a problem = 4

**Total score for reaction to sun exposure:** \_\_\_\_\_

**Fitzpatrick Skin Type Score (total genetic disposition + total sun exposure):** \_\_\_\_\_

## FITZPATRICK SKIN TYPE SCORE

The Fitzpatrick Scale classifies patient's skin type and thus the ability to burn and tan when exposed to the sun or UV radiation.

- I (0–6):** pale white skin; always burns, never tans
- II (7–12):** white skin; almost always burn, rarely tans
- III (13–18):** light brown skin; burns moderately, tans uniformly
- IV (19–24):** moderate brown skin; burns minimally, tans easily
- V (25–30):** dark brown skin; rarely burns, tans easily
- VI (31+):** dark brown to black skin; never burns

## NOTES

This content is not intended to substitute professional medical advice, diagnosis, or treatment. Seek the advice of a healthcare provider for any questions you may have regarding your score or the medical condition.

## REFERENCES

Fitzpatrick Skin Type Quiz. The Skin Cancer Foundation Web site. [www.skincancer.org](http://www.skincancer.org). Accessed April 9, 2019.

Roberts WE. Skin type classification systems old and new. *Dermatol Clin*. 2009 Oct;27(4):529–33.

(Rev. 5/2021)