

Nayzilam (midazolam)



NEW PRODUCT SLIDESHOW

MPR

Introduction

- **Brand name:** Nayzilam
- **Generic name:** Midazolam
- **Pharmacological class:** Benzodiazepine
- **Strength and Formulation:** 5mg per 0.1mL; solution
- **Manufacturer:** UCB
- **How supplied:** Nasal spray unit—2
- **Legal Classification:** CIV

Nayzilam



Indication

- Acute treatment of intermittent, stereotypic episodes of frequent seizure activity (eg, seizure clusters, acute repetitive seizures) that are distinct from a patient's usual seizure pattern in those with epilepsy

Dosage and Administration

- Consider **prior to initiation**:
 - For patients at increased risk of respiratory depression from benzodiazepines, administration under healthcare professional supervision should be considered prior to treatment; this administration may be performed in the absence of a seizure episode
 - Instruct individual administering Nayzilam on how to identify seizure clusters and use the product appropriately

Dosage and Administration

- Give as single spray into 1 nostril; if no response after 10 minutes, may give additional spray into opposite nostril; max 2 sprays/episode
- **Max treatment:** 1 episode every 3 days or 5 episodes/month
- <12yrs: not established

Considerations for Special Populations

- **Pregnancy:** observe newborns exposed to Nayzilam *in utero* during later stages of pregnancy for symptoms of withdrawal and manage accordingly
- **Nursing mothers:** breastfed infants of mothers taking benzodiazepines may have effects of lethargy, somnolence, and poor sucking
- **Pediatric:** <12 years: not established
- **Geriatric:** studies did not include sufficient number of patients ≥ 65 years; possible prolonged drug exposure
- **Renal impairment:** moderate or severe impairment may result in prolonged drug exposure
- **Congestive heart failure:** slower elimination may result in prolonged drug exposure

Contraindications

- **Acute narrow-angle glaucoma**
 - Benzodiazepines can increase intraocular pressure in patients with glaucoma

Boxed Warnings

- Risks from **concomitant use with opioids**
 - Concomitant use of benzodiazepines and opioids may result in profound sedation, respiratory depression, coma, and death

Warnings/Precautions

- Increased risk of drug-related mortality from concomitant use with opioids
- Decreased pulmonary reserve
- COPD
- Monitor for the emergence or worsening of depression, suicidal thoughts/behavior, and/or unusual changes in mood or behavior
- Open-angle glaucoma

Warnings/Precautions

- Impaired cognitive function
- Obesity
- CHF
- Avoid abrupt cessation
- Drug or alcohol abuse
- Hepatic or moderate to severe renal impairment
- Elderly
- Debilitated
- Labor & delivery
- Neonatal withdrawal and floppy infant syndrome

Interactions

- Increased risk of profound sedation, respiratory depression, coma, and death with **opioids or other CNS depressants** (eg, other benzodiazepines, sedatives/hypnotics, anxiolytics, tranquilizers, muscle relaxants, general anesthetics, antipsychotics, alcohol); reserve concomitant use in those for whom alternative options are inadequate; limit dosages/durations to minimum required; monitor
- Avoid concomitant with **moderate/strong CYP3A4 inhibitors** (eg, erythromycin, diltiazem, verapamil, ketoconazole, itraconazole, clarithromycin)
- Caution with concomitant **mild CYP3A inhibitors**

Adverse Reactions

- **Most common ($\geq 5\%$):** somnolence, headache, nasal discomfort, throat irritation, rhinorrhea
- **Others:** severe cardiorespiratory reactions, agitation, involuntary movements (including tonic/clonic movements and muscle tremor), hyperactivity, combativeness

Mechanism of Action

- The exact mechanism of action for midazolam is not fully understood, but it is thought to involve potentiation of GABAergic neurotransmission resulting from binding at the benzodiazepine site of the GABA_A receptor

Clinical Trials

- Effectiveness established in randomized, double-blind, placebo-controlled trial
- Patients with epilepsy on a stable regimen of antiepileptic drugs who were identified by their physicians as having intermittent, stereotypic episodes of frequent seizure activity that were distinct from patient's usual seizure pattern
- Conducted in 2 phases: open-label Test Dose Phase followed by randomized, double-blind, placebo-controlled Comparative Phase

Clinical Trials

■ Test Dose Phase

- Tolerability assessed in 292 patients who, in the absence of a seizure, received two 5mg doses of Nayzilam (10mg total dosage) separated by 10 minutes
- Patients excluded from Comparative Phase if they failed to meet pre-defined blood pressure, heart rate, sedation, electrocardiogram, and peripheral oxygen saturation criteria

Clinical Trials

■ Comparative Phase

- 201 patients treated a single seizure cluster episode in an outpatient setting with either a blinded dose of Nayzilam 5mg (n=134) or placebo (n=67)
- If seizure activity persisted or recurred, patients in both groups had the option to receive a subsequent unblinded dose of Nayzilam 5mg to be used between 10 minutes and 6 hours after administration of the initial blinded dose of study drug

Clinical Trials

- **Primary efficacy end point** was treatment success, defined as the termination of seizures within 10 minutes after the initial blinded dose of study drug and the absence of a recurrence of seizures within 6 hours of the initial blinded dose of study drug
- A statistically significantly higher percentage of Nayzilam-treated patients met the primary end point
 - 53.7% of Nayzilam-treated patients vs 34.3% of placebo-treated patients ($P = .011$)

Clinical Trials

- Numerical differences in favor of Nayzilam were observed on each of the components of the treatment success responder definition; termination of seizure(s) within 10 minutes after initial dose of study drug (80.6% vs 70.1%) and the absence of seizure recurrence between 10 minutes and 6 hours after the initial dose of study drug (58.2% vs 37.3%)

Clinical Trials

- Occurrence and time to next seizure after the initial blinded dose of study drug was also evaluated
- A smaller proportion of Nayzilam-treated patients experienced the next seizure within 24 hours after the initial blinded dose of study drug (37.3% vs 46.3%)
- Nayzilam-treated patients experienced a statistically longer time-to-next-seizure than the placebo group

New Product Monograph

- For more information view the product monograph available at:

<https://www.empr.com/drug/nayzilam/>